



Spa Menue

Massages

Californian massage 1h-80€

Enveloping and soothing, the long, flowing movements of this massage offer deep relaxation. It's ideal for relieving muscle tension.

Star Massage 1h-80€

This very relaxing massage is performed on the arms and hands and then moves up to the shoulders, neck, then the face and scalp.

Sacred Massage 45min-65€

This very relaxing massage is performed on the arms and hands and then moves up to the shoulders, neck, then the face and scalp.

Foot Reflexology 30min-45€

By stimulating the reflex zones of the foot, this massage releases tension and relaxes the body as a whole.

Back & Leg Relaxation 30min-45€

Massage of the back of the body promoting letting go and bringing deep relaxation.

Scrub and Treatments

Body Scrub 30min-40€

This scrub with fine sea salt crystals gently exfoliates and refines skin texture

Tired legs treatment 50min-70€

This ideal treatment for relieving heavy legs consists of a scrub, a "cooling" wrap and then a draining massage with essential oils.

Back treatment 50min-70€

. This complete back treatment consists of a scrub, a hydrating mask and then a relaxing massage

By appointment from 9 a.m. to 7 p.m. depending on availability

We are unable to offer duo massages or treatments.

Request information and/or schedule an appointment:

- via the online calendar on our website

- by email at spa@fermedeloudon.com

— LA FERME —
DE L'LOUDON & SPA

SUITES • MAISONS **** • TABLE D'HÔTES • SOINS BIEN-ÊTRE