

Well-being Treatments Card

Massages

Balinese Massage

50 min | 65€

This deep and energetic body massage with essential oils help releasing muscle tension through tapping, kneading and effleurage.

Hawaiian Massage

45 min | 65€

Inspired by the movement of the waves, this massage of the back of the body is invigorating, rhythmic and enveloping. Very original, it is practiced using the hands, forearms and elbows to target tension and soothe the body and mind.

Californian Massage

1 h | 80€

This massage with essential oils uses long and harmonious movements that sculpt and envelop the body for a very deep relaxation. Also an ideal treatment to relieve the muscular tensions.

Star Massage

1 h | 80€

The star massage is mainly devoted to the five extremities of the body (head, hands and feet), and offers all the benefits of a global massage thanks to the stimulation of many different reflex zones.

Ayurvedic Abhyanga Massage

1 h 15 | 100€

This Indian massage uses hot sesam oil and acts on specific pressure points in order to let energy circulate throughout the body. It alternates between kneading, finger pressing and stretches to revitalize the body from head to toes.

Back & Legs Relaxation

30 min | 45€

This massage helps your mind to let go and leads to a deep relaxation. It is also an ideal treatment to relieve muscles tensions located into the back and shoulders.

Relaxing Face Massage

30 min | 45€

With apricot kernel vegetable oil, this facial and skull massage offers a sensory escape and instant well-being.

Scrub & Wrap

Scrub

25 min | 35€

This body scrub with coconut and fine sea salt crystals leaves skin clean and fragrant. A fluid scrub that gently exfoliates and refines the skin texture.

Self Heating Body Wrap

25 min | 35€

The light and creamy texture of this body wrap nourishes and moisturizes the skin. It also brings a feeling of well-being, for an absolute relaxation.

Upon request and based on availability - Reservation at least 48hours in advance
For any information or appointment request,
please contact our practitioners directly at spa@fermedeloudon.com

Beauty Treatment Card

Face Treatments

The « Greenenergy », detoxifying and anti-pollution

1 h | 75€

This treatment deeply cleanses the skin and eliminates toxins. Its cleansing action illuminates the complexion, which thus regains all its radiance.

The « Repairing Elixir Cocoon » with prickly pear

1 h | 75€

This treatment desensitizes fragile skin and strengthens the capillaries. The skin is hydrated and nourished in depth. The complexion regains all its freshness and suppleness.

The « Revitalizing », toning and plumping treatment

1 h | 75€

This treatment stimulates elastin and collagen fibers. It brings suppleness and softness to the skin, which regains its plumpness and firmness.

Manicure & Pedicure

Hands beauty

40 min | 40€

Nail filing, cuticle regrowth, exfoliation, mask, hands massage and application of a neutral base on nails.

Feet beauty

40 min | 60€

Nail filing, cuticle regrowth, exfoliation, mask, hands massage and application of a neutral base on nails.

Hands & Feet beauty

1 h 15 | 90€

Hand OR Feet nails semi permanent polish

40 min | 35€

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La Ferme
de l'Oudon & Spa